Williams Chiropractic
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Greensboro Nc 27407
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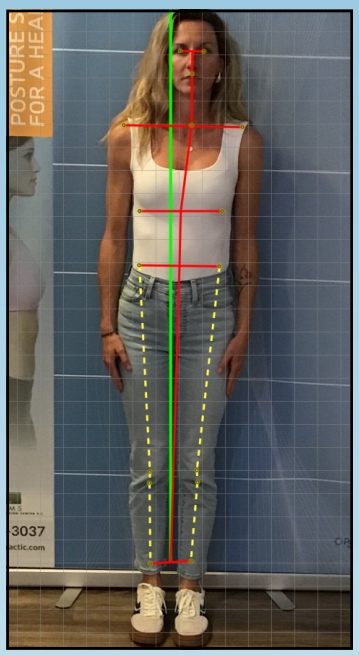
PostureScreen®
Accurate Postural Assessment

PostureScreen Comparison Report for [redacted] performed on 5/13/25 and 6/26/25

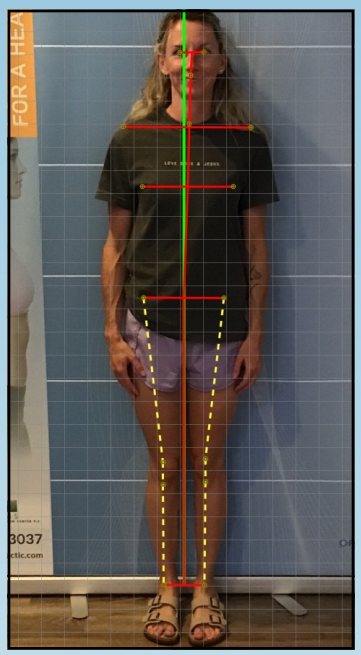
The purpose of this PostureScreen report is to objectively demonstrate the measurable changes in your standing neutral posture. Since posture can be considered the window to the spine, specific abnormal postural displacements are associated with specific spinal positions. If your posture is left uncorrected, then your spine skeletal system, discs, ligaments, blood vessels, muscles and spinal nerves will be under constant asymmetrical stress and will eventually adapt with pathological changes. The benefits of near normal posture is obvious. It is advisable to continue to seek corrective type care until your posture (and spinal alignment) is as close to normal as possible.

Your Posture Comparison from the Front View

5/13/25



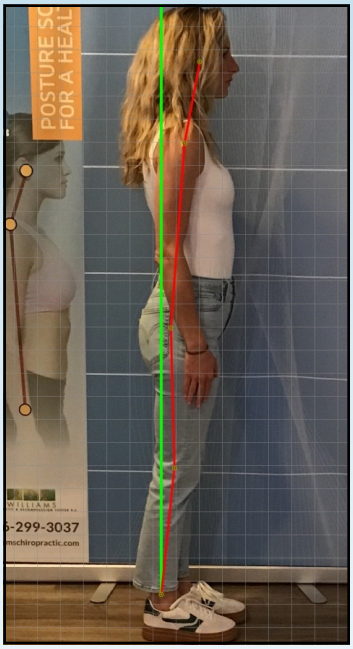
6/26/25



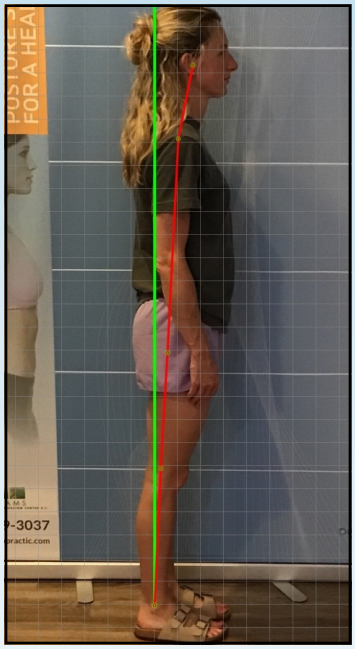
Body Region	Shift (Translation)		Rotation	
	5/13/2025	6/26/2025	5/13/2025	6/26/2025
Head	0.08 in left	0.28 in left	1.5° left	0°
Shoulders	1.10 in left	0.15 in left	0°	0°
Ribcage	0.14 in left	0.43 in left	n/a	n/a
Hips/Pelvis	0.91 in left	0.04 in right	0°	0°
Total Deviations	**2.23 in**	**0.90 in**	**1.5°**	**0.0°**

Your Posture Comparison from the Side View

5/13/25



6/26/25



Body Region	Shift (Translation)	
	5/13/2025	6/26/2025
Head	1.56 in forward	1.49 in forward
Shoulder	1.41 in forward	1.11 in forward
Hips/Pelvis	0.36 in backward	0.71 in forward
Knees	1.35 in forward	0.62 in forward
Total Deviations	**4.68 in**	**3.93 in**

Your head weighs approximately 9 lbs, however, due to the physics of your postural deviations, your 'effective head weight' changes, which means it 'feels heavier' to your body. The effective weight of your head for the exam on 5/13/25 was 22 lbs and on the follow-up exam dated 6/26/25 it weighed 22 lbs, accounting for a total change of 2.8%.

US PATENTS 8,721,567; 9,801,550; 9,788,759; 11,017,547 B2; with other Patents Pending Internationally © PostureCo, Inc. www.PostureAnalysis.com v. 14.4

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Anterior View

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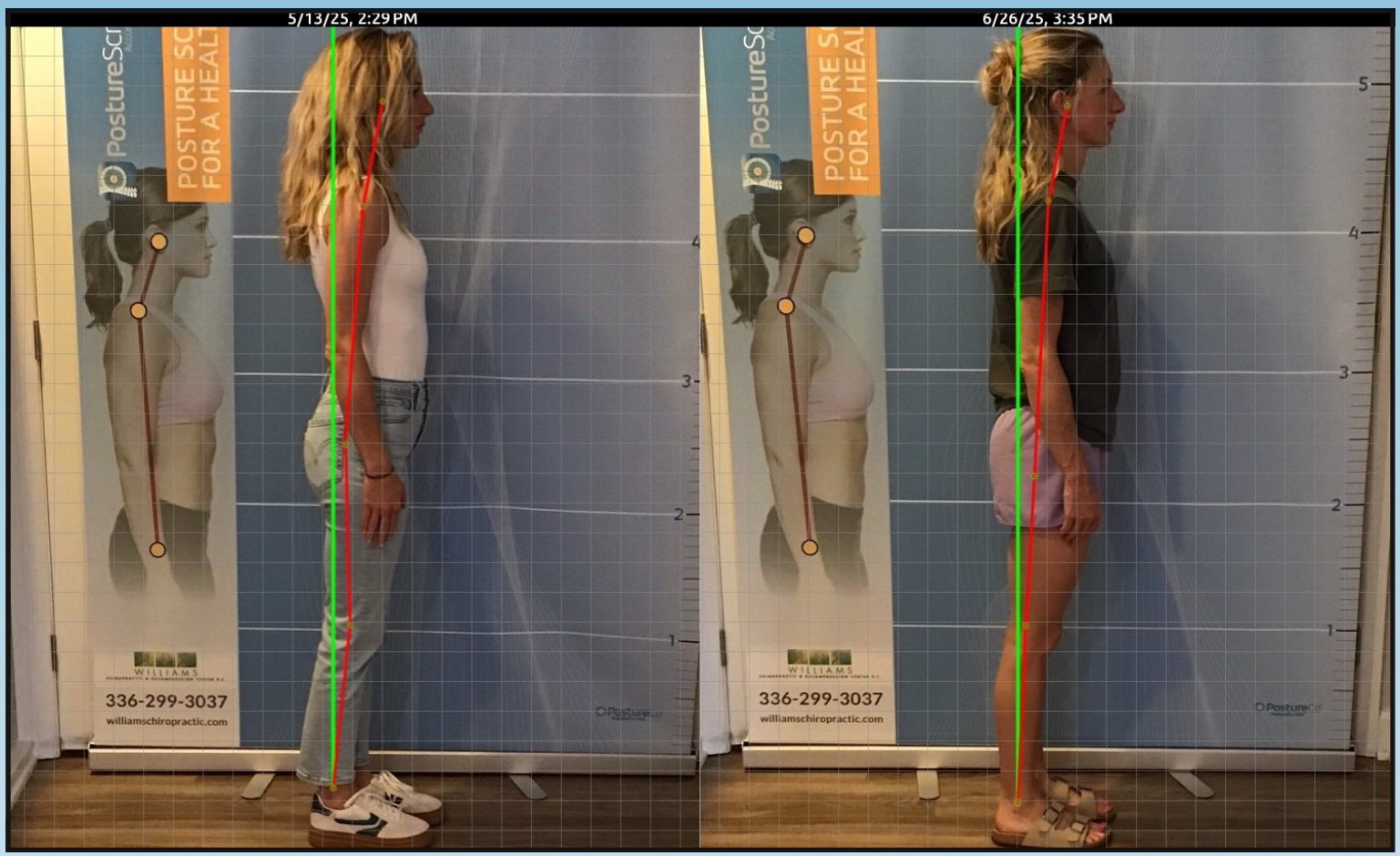
Lateral View



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