

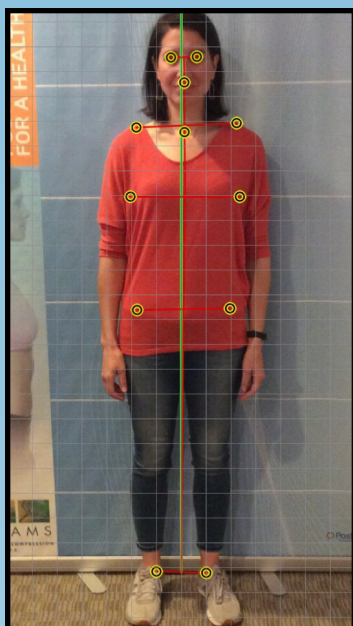
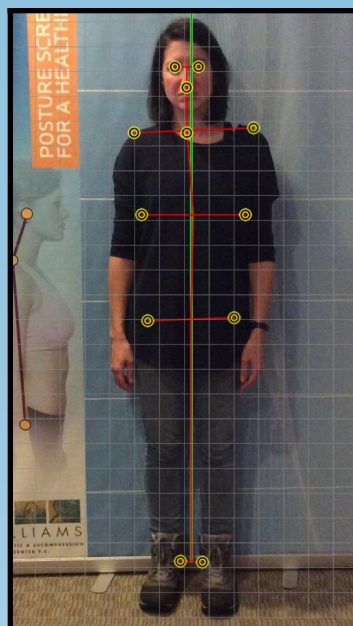
PostureScreen Comparison Report for Kate Sprinkle performed on 2/7/18 and 3/1/18

The purpose of this PostureScreen report is to objectively demonstrate the measurable changes in your standing neutral posture. Since posture can be considered the window to the spine, specific abnormal postural displacements are associated with specific spinal positions. If your posture is left uncorrected, then your spine skeletal system, discs, ligaments, blood vessels, muscles and spinal nerves will be under constant asymmetrical stress and will eventually adapt with pathological changes. The benefits of near normal posture is obvious. It is advisable to continue to seek corrective type care until your posture (and spinal alignment) is as close to normal as possible.

Your Posture Comparison from the Front View

2/7/18, 10:12 AM

3/1/18, 9:08 AM



Body Region	Shift (Translation)		Rotation (Lateral Flexion/Bending)	
	2/7/18 10:12 AM	3/1/18 9:08 AM	2/7/18 10:12 AM	3/1/18 9:08 AM
Head	0.02" right	0.07" right	0°	1.4° right
Shoulders	0.76" right	0.06" right	2.3° right	2.4° right
Ribcage	0.31" left	0.18" left	N/A	N/A
Hips/Pelvis	0.06" right	0.25" left	2.0° right	0°
Total Deviations	1.15"	0.57"	4.0°	3.0°

2/7/18, 10:12 AM



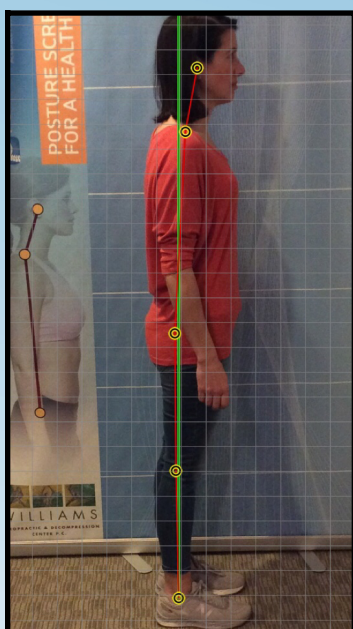
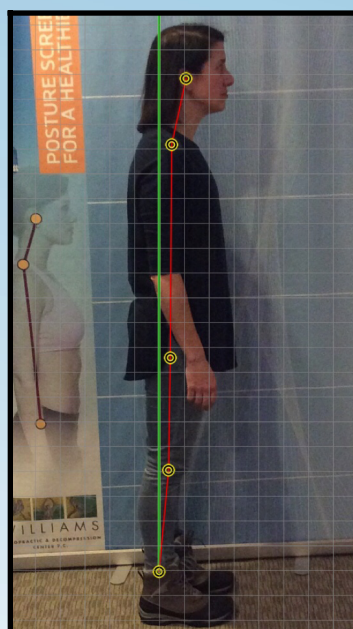
3/1/18, 9:08 AM



Your Posture Comparison from the Side View

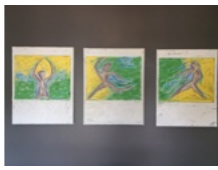
2/7/18, 10:12 AM

3/1/18, 9:08 AM

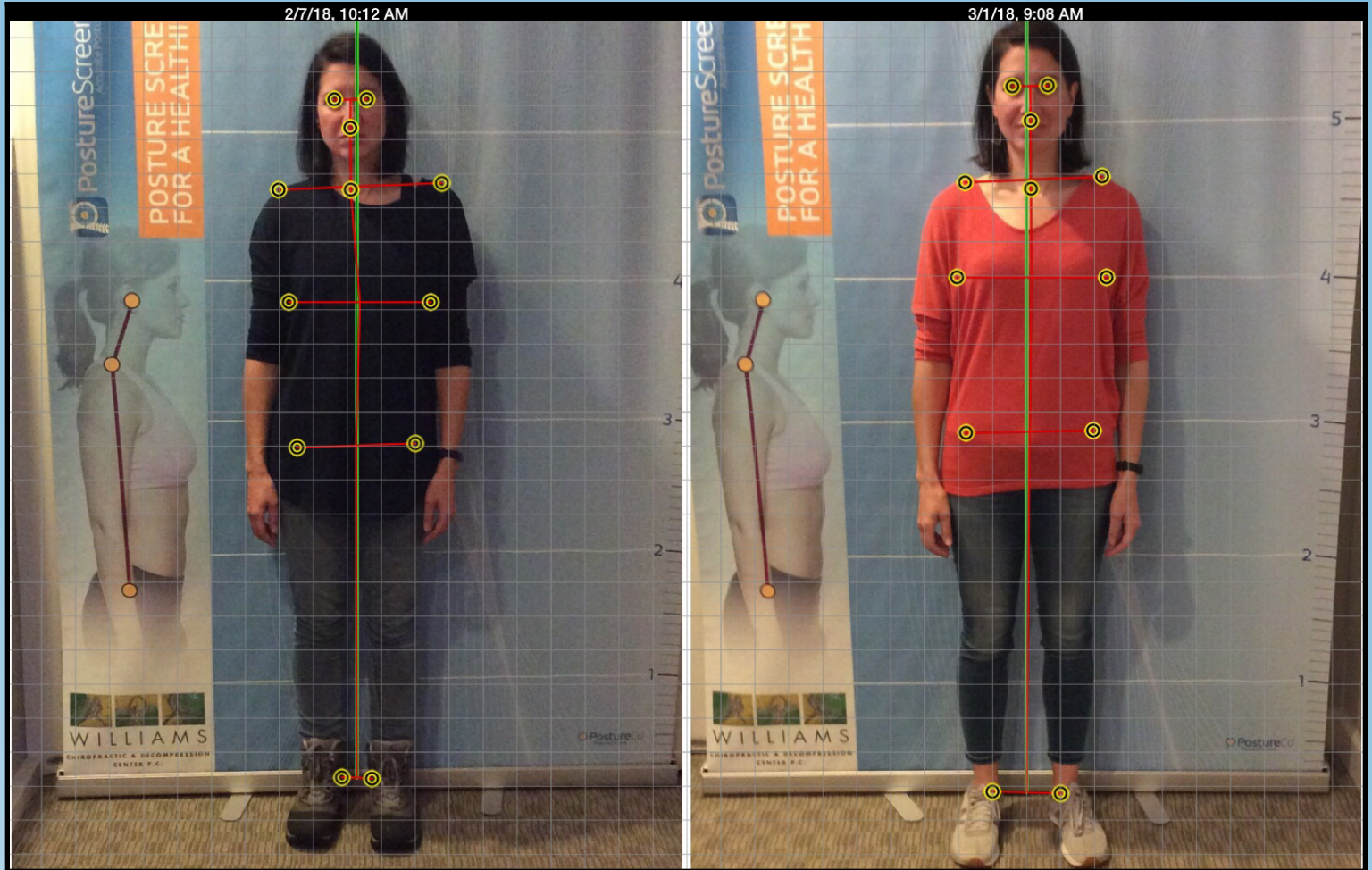


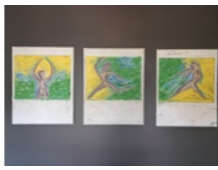
Body Region	Shift (Translation)	
	2/7/18 10:12 AM	3/1/18 9:08 AM
Head	1.65" forward	1.35" forward
Shoulder	0.17" forward	1.20" forward
Hips/Pelvis	0.19" forward	0.13" backward
Knees	1.09" forward	0.31" backward
Total Deviations	3.09"	3.00"

Your head weighs approximately 10.1 lb, however, due to the physics of your postural deviations, your 'effective head weight' changes, which means it 'feels heavier' to your body. The effective weight of your head for the exam on 2/7/18 was 27.3 lb and on the follow-up exam dated 3/1/18 it weighed 23.9 lb, accounting for a total change of 12.5%.



Exam for Kate Sprinkle performed on 3/1/18





Exam for Kate Sprinkle performed on 3/1/18

